



ARVALEE SCHOOL, GORTIN ROAD, OMAGH

SATURDAY 13TH MAY 2017

## 30 / 60 MILE CYCLE

DEPARTS 10AM

## 5K FAMILY CYCLE

DEPARTS 11.30AM

## 5K RUN / WALK

DEPARTS 1PM

## FAMILY FUN DAY!

FROM 10AM - 4PM - ALL WELCOME!

- BOUNCY CASTLES • BUBBLE FOOTBALL • PENALTY SHOOT OUTS
- BALLOON MODELLING • FACE PAINTING • DRUMMING WORKSHOP
- ARTWORK • BUBBLE SCIENCE SHOW • MUSIC • REFRESHMENTS



REFRESHMENTS &  
BBQ AFTERWARDS  
FROM 1PM



## LAUNCH NIGHT

THURSDAY 30<sup>TH</sup> MARCH

ARVALEE SCHOOL, GORTIN RD, 7PM

- REGISTER FOR EVENTS • VIEW & TRY ON OUR EVENT T-SHIRTS, RUNNING VESTS & CYCLE TOPS

REGISTER AT LAUNCH NIGHT OR ONLINE @ [WWW.GOSPORTUS](http://WWW.GOSPORTUS)



## FOR REGULAR UPDATES